



April 27, 2023

Dear Friends of Second Church,

Once again, I hope you'll join us at the 10:30 Worship service this Sunday as we welcome back Dr. Craig Symons and the choir from First Congregational Church of Old Greenwich in collaboration with Alexander and our Chancel Choir.

We will also be celebrating the baptism of Genevieve Claire Butcher!

Genevieve will be joined by her parents, Natalie and Billy Butcher, siblings, William "Boyd", Sadie and Tate along with her Godparents, Alison Eddy Willingham, Summer Curtiss Matthews and John Carlisle Butcher.

It's sure to be a joyful Sunday.

See you in church,

Max

Sermons are always
available online:
[2CCSermons](#)

If you can't make it in person, join us
via [Livestream for our 10:30
a.m.](#) Sunday service.

Hymns for this Sunday...

Join us in the singing of our hymns this Sunday which can be found by [clicking here](#).

Hymns for Sunday

Praise Ye the Lord, the Almighty

Crown Him with Many Crowns

Joint Choir Service

On Sunday, April 30, the choir from First Congregational Church in Old Greenwich will join their voices with members of our chancel choir for the 10:30 service.

Please consider joining us for this special service as our choirs lift their voices in song.



Time to update your Contact Information!

If you have moved, changed phone numbers or would like to add your email (highly encouraged) to our newest directory, please email Gloria@2cc.org or submit the changes to the church office in writing no later than Thursday, June 1. Thank you!

Coming up at Children's Chapel

In honor of Earth Day, on Sunday April 30, we will welcome special guest Laurel Scarlata from the Greenwich Nature Days Program during Children's Chapel. Children will have a special hands-on interactive nature experience and explore how we can be good stewards of God's earth. Children are encouraged to be dressed to get messy....

To learn more about Greenwich Nature Days [click here](#).

[Register for Children's Chapel](#)

Upcoming Events...

Coffee and Connection Speaker Series Continues ...

Saturday, May 6

10:00-11:30 a.m.

Please join us for coffee, conversation, care and connection. During our time together we will learn centering techniques, meditate, be inspired by scripture and leave behind what doesn't serve our higher selves.



Hosted by 2CC Community Life
& all are welcome!

Childcare can be made available upon request.
Please RSVP to Jenny@2cc.org.

Fueling your Spirit, Mind and Body in time for Mother's Day!

Guest speakers:

Maura McIntyre, *Founder, Wellness M2*

Kate Noonan, *Spiritual Life Coach*

Those who RSVP will get a special Mother's Day goody bag from Krista Taylor.

Please RSVP to [**Jenny@2cc.org**](mailto:Jenny@2cc.org).

Childcare available upon request.

Our final session will conclude under the tent Saturday, June 3,
with special treats in store. Details coming soon!

[Email Jenny to RSVP](#)

Spring Yoga with Jill Ernst

Join us on Friday mornings at 9:15 a.m. through May

BYOM (Bring Your Own Mat)

[Email Jenny for more
information](#)

Mindful Monday with Yoga Nidra

Monday, May 1 from 6:30-7:30 p.m.

Unwind, and end your day with meditation and slow flow yoga with Helena Svedin.

Divine Sleep® Yoga Nidra is a guided meditation that has the power to transform, heal and rejuvenate you at core levels. Together we start by learning about the koshas. We prepare with a short asana (physical) practice before we lay down on the yoga mat to listen to the guided meditation. To be comfortable during the meditation most people enjoy having a blanket to cover and a bolster under the knees. Please bring what you need.

We start promptly at 6:30 p.m. If possible - please arrive a little early to settle in. The practice ends at 7:30 p.m. No rush to leave. We can linger for awhile.

Suggested donation \$20

RSVPS helpful - walk ins welcome

You are welcome to reach out to Helena with any questions on 203-912 7870 or helenasvedin@me.com.

Email Jenny to RSVP for Yoga

Great work for Pacific House on Sunday!



Photo (left to right): Brenda Felletter, Barbara Zappavigna, Lisa Hellman, Linda Hartig
(missing from photo is Kathleen Perry)

On Sunday they cooked for 80 people. On Monday, Lisa Hellman, Bob Willett and Barbara Swartz served 60 meals. The remaining food was eaten at the 8:30 p.m. snack time.



Everyone had fun in Children's Chapel on Sunday!
Singing Sunday with Ms. Heidi is always a treat!





Around Town...

Healthy Kids Day Greenwich YMCA Sunday after church April 30!

Learn more about Healthy Kids Day
here



the Y YMCA

<u>YMCA Offerings</u>	<u>Community Partners</u>
Tie Dye Table	Valley Pediatrics
Kid's Obstacle Course and Bouncy House	Greenwich Dental Pediatric Group
Healthy Snacks Table	Junior League of Greenwich
Balloons and Face Painting	Greenwich Council Boy Scouts of America
Yoga	Cheribundi
Arts and Crafts	Greenwich Library
Hula Hooping	SDSS Martial Arts of Greenwich
Earth Day Activities	The Hoop Troop
Lego Building	Give Yourself Hugs
	Greenwich Hospital

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