



Dear Friends of Second Church,

October 12, 2022

I'm really looking forward to this Sunday's potluck dinner at the home of Cynthia Chang and Brian Scanlan! If you still haven't signed up — here's your chance! Just click this link:

On a far more serious note, our thoughts continue to go out to all those in our congregation and to the extended 2CC family with ties to Florida.

At least so far, nobody has reported a truly dire situation, and we're certainly hoping that will continue.

However, it's clear that there will be a lot — **a lot** — of cleaning up and repair work ahead in many communities, and that life isn't poised to be "normal" down there for quite some time.

Many of us can remember the disruption of "Superstorm Sandy" in our area, and how for some communities, the situation was more serious from the outset and the assistance longer in arriving.

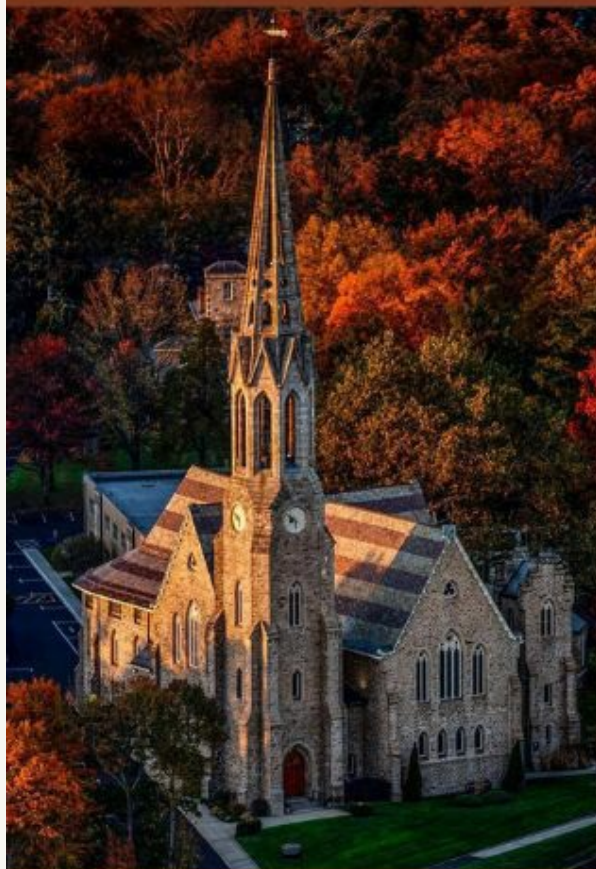
Painful as that was, I hope that there were lessons in that for places like Florida, and that the intervening years have given them time to plan accordingly.

I also hope that on a more personal level, people will respond with kindness to their neighbors, and that in adversity, with their routines disrupted, they will make new friendships and even find new strength in life together.

That is not always possible.

However, it is always inspiring to see how some find a way to bring out good, even from tremendous disruption.

Find us this
Fall...



Service Times:
Sunday at
8:30 & 10:30 a.m.

2CC.org

They are angels, in their way, if only the angels of our better nature — but no less a blessing for that.

May there be many such in all places where the power of nature reminds us of the vulnerability of all creatures.

See you in church,

Max

Sermons are always available online: [2CCSermons](#)

If you can't make it in person, join us via [Livestream for our 10:30 a.m.](#) Sunday service.

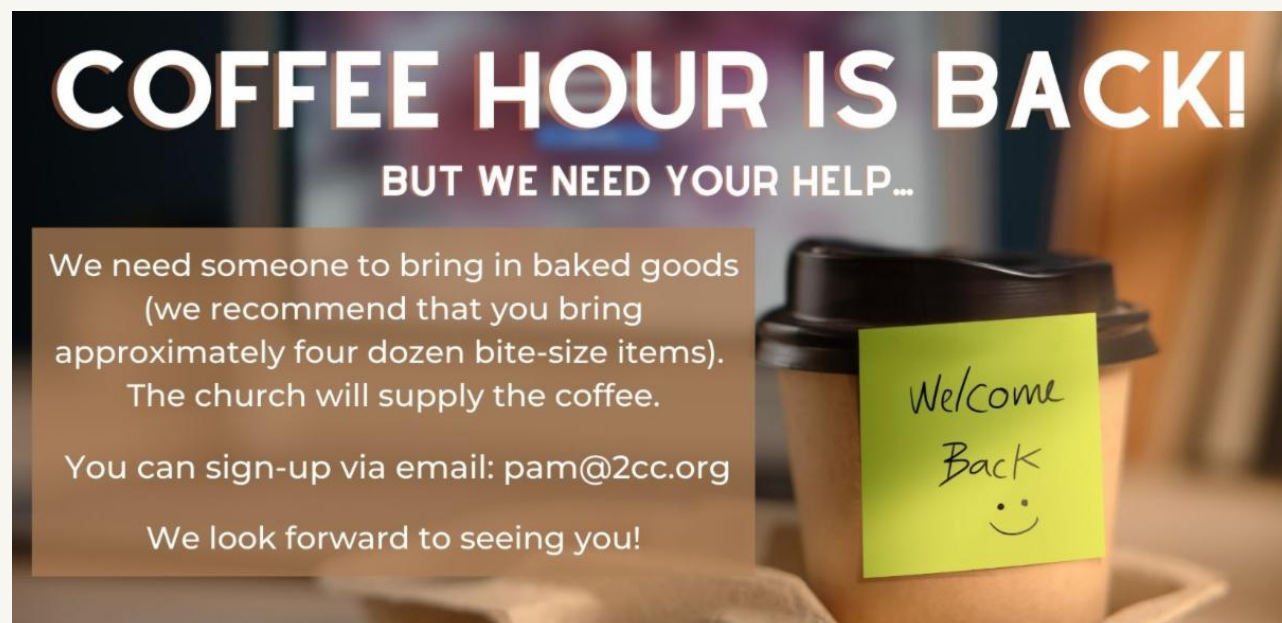
Hymns for this Sunday...

Join us in the singing of our hymns this Sunday which can be found by [clicking here](#).

Hymns for this Sunday

Morning Has Broken

Love Divine, All Loves Excelling

A graphic for a coffee hour announcement. The background is a blurred image of a coffee shop. In the foreground, a brown paper coffee cup with a black lid sits on a white tray. A bright yellow sticky note is attached to the cup with the handwritten text "Welcome Back" and a simple smiley face. The text "COFFEE HOUR IS BACK!" is written in large, bold, white capital letters at the top. Below it, in smaller white capital letters, is "BUT WE NEED YOUR HELP...". A semi-transparent brown box on the left contains white text: "We need someone to bring in baked goods (we recommend that you bring approximately four dozen bite-size items). The church will supply the coffee. You can sign-up via email: pam@2cc.org We look forward to seeing you!".

COFFEE HOUR IS BACK!

BUT WE NEED YOUR HELP...

We need someone to bring in baked goods (we recommend that you bring approximately four dozen bite-size items). The church will supply the coffee.

You can sign-up via email: pam@2cc.org

We look forward to seeing you!

[Email Pam to help out!](#)

Elementary & Youth Choir each Wednesday

Elementary Choir (Ages K-4)
4:15-5:00 p.m.

Youth Choir (Grade 5 & Up)
6:00-6:45 p.m.

Email Heidi for more information

Children's Chapel at 2CC!

Nursery care for infants to age 4 starts at 10:15 a.m.

Deacons can help direct you to our nursery room.

Children ages kindergarten and up are encouraged to start worship with their parents at 10:30 a.m. in the Sanctuary.

Those who wish may depart for Children's Chapel with Jenny at about 10:45 a.m.

We are fully in person and operational.

Registration not required but helpful for us to best know and love your child.

[Click here](#) to register for Children's Chapel this Sunday

Join us for Middle School Youth Group!

For those ready for the next step after Children's Chapel, join us for this pilot program weekly through October 30th*

[Register here](#)

Questions? Email Jenny@2cc.org

**Plans for November and beyond to be determined based on participation and enthusiasm.*

The kids had a great time in Children's Chapel making cards for Climate Hope last Sunday!





Mark your calendars...

Mangia Italiano!

2CC Fall Potluck Dinner

OCTOBER 16, 2022

5:00 - 7:00 P.M.PM

At the home of Cynthia Chang and Brian Scanlan
277 Old Church Road, Greenwich, CT 06830

grazie

PLEASE RSVP TO: PAM@2CC.ORG

Email Pam to
RSVP

Bring something to the
Potluck!

ACT II POP UP SALE!

Thursday, October 20 - Saturday, October 22
10-4 Daily

Sunday, October 23 from **12-3**

Fletcher Hall

Christmas is Coming!

If anyone has Christmas decorations or any Christmas item



you may no longer use and would like to donate it for our tag sale on October 20-23, we would very much appreciate it.

You may call Pat Knight to make arrangements for drop off
203.661.6418

**SAVE THE
DATE:
2CC MEN'S
DINNER**

FRIDAY, OCTOBER 28

Time TBD

Hosted by The Hellman's
RSVP to Pam@2cc.org

Email Pam to RSVP for the Men's Dinner



HALLOWEEN HAUNT

SUNDAY, OCTOBER 30

11:45-1:00 P.M.

Greenwich EMS staff will be dressed up in their "spooky" ambulance for a not-so-scary good time! Treat bags distributed to all registered participants.

Contact Jenny@2cc.org
for more information

[**Click here to register for the Halloween Haunt**](#)

[**Email Jenny**](#)

[**Suggested donation is \\$15 but all donations welcome for the Halloween Haunt - click here**](#)

Before the hustle and bustle
of the holiday season...

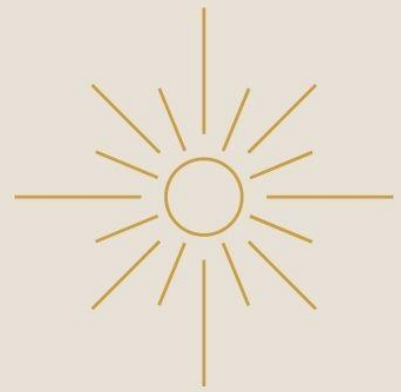
YOGA CLASSES WITH HELENA SVEDIN

FRIDAYS IN NOVEMBER AT 10:00 A.M.

*As we gather together, we will
create a meaningful time for
mindfulness with slow, flow, yoga,
with Helena Svedin, certified
positive psychology coach and
yoga teacher.*

Second Congregational Church
139 E. Putnam Avenue
Greenwich

Suggested donation \$20 per class



**Email Jenny for more
information**

Join us for our next VBS on Tuesday, November 8
(details & registration below)...



Paint the World with Kindness VBS

You are God's Masterpiece!



**Tuesday November 8
9:00 a.m. -12:00 p.m.
K-5th Grade**

*Pre-K also welcome but must be
accompanied by a guardian*

**Music, movement, games, crafts and
special guest "Acting Out with Ms. Karen"!**

Early drop off and lunch bunch
available upon request.

\$25 per child, scholarships available.

More information: Jenny@2cc.org

**Register for Paint the World with Kindness
VBS**

**Email Jenny for more
information**

Around Town...

SELF-CARE

Isn't Selfish



Resilience is the ability to recover quickly from difficulties. As friends, family members, neighbors, and helping professionals, we support those we care about to face adversity. But, what happens when the helper is overwhelmed?

Burnout! We are left feeling emotionally drained, often unable to function well at work or at home with little to nothing left to give.

Prioritizing one's own needs through **restorative self-care** is a learned skill that, with regular practice, strengthens resilience.

Please join YWCA Greenwich Domestic Abuse Services staff in exploring how a consistent self-care practice can build and maintain **RESILIENCE**.

In recognition of Domestic Violence Awareness Month, we invite you for an afternoon of Restorative Self-Care.



Featuring:

- Aromatherapy
- Chair Yoga
- Massage
- Mindfulness Exercises
- Sensory Stimulus
- Grounding Exercises
- Conscious Breathing

DATE Thursday, October 13th
TIME 12:00pm-2:00pm
LOCATION YWCA Greenwich
259 E. Putnam Ave
Greenwich, CT



Scan to register,
or visit ywcagreenwich.org



Learn more about the YWCA event
here

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