



January 10, 2024

Dear Friends of Second Church,

2024 is off to an active start!

Some of the upcoming programs are described below.

It's also a time when our church often sees a small uptick in first-time visitors, as we did this past Sunday.

While inclement weather, a last taste of vacation, or flu conspired to keep many of us away for understandable reasons, something else brought others in...and that's not so simple to understand.

It doesn't quite do to ask them straight out. ("Hi there, and thank you for coming! **So why did you?**")

Some find or rekindle something at Christmas; for others, it comes from a resolve (or a New Year's resolution?) to make more time for the soul this year.

Whatever the reason, I'm glad they decided to make their active start to the New Year with us, and I hope they'll be back soon. We have a lot to offer.

Even more than that, though, I hope their example inspires us.

Like them, maybe we should try something new in order to deepen our spiritual lives. The classic options are: reading Scripture more intently, making time for prayer, looking for ways to serve those in need. Yet there are many more.

There is holiness, too, in working on our relationships, making a commitment to self-care that gives us more to offer others and demands less, or challenging ourselves to listen carefully and learn more when we encounter someone with whom we are inclined to disagree.

Anything that helps us see beyond ourselves has important lessons for our souls.

What is something new you might try, or something old you might be moved to try again?

Whatever that may be, may it lead you still further into the abundant life that God offers each one of us.

See you in church,

Max

All welcome, since 1705...

Second Congregational Church of Greenwich

Sunday: 8:30 & 10:30 a.m.

2cc.org

Sermons are always
available online:
[2CCSermons](#)

If you can't make it in person, join us
via [Livestream for our 10:30
a.m.](#) Sunday service.

[Click here to learn more about our 2024 Stewardship
Campaign](#)

Children's Chapel at 2CC

Nursery care for infants to age 4 starts
at 10:15 a.m.

Deacons can help direct you to our
nursery room.

Children ages kindergarten and up are
encouraged to start worship with their
parents at 10:30 a.m. in the Sanctuary.

Those who wish may depart for
Children's Chapel and Choir with
Jenny at about 10:45 a.m.

Registration not required but helpful
for us to best know and love your
child.



Roll out of bed and join us in your PJs for

**TEDDY BEAR STORY HOUR
WITH JENNY**

— at —
COFFEE FOR GOOD



Saturdays from 8 to 9am
Jan 27, Feb 24 & March 30, 2024
48 Maple Avenue, Greenwich, CT 06830

Join Jenny at Teddy Bear Story
Hour on Saturday, January 27,
February 24
& March 30 at 8:00 a.m.

Click here to register for
Children's Chapel

Email Jenny for more
information

Mark your calendars...

Time is running out to signup for VBS... be sure to register today!

**SCHOOL IS OUT BUT
VBS IS ON...**



***"Love is the
only way"***

Vacation Bible School

MLK- VBS

MONDAY, JANUARY 15

9:00 - 11:30 A.M.

**SPECIAL WOODCARVING WORKSHOP,
GAMES, SNACKS AND SPECIAL GUESTS!**

**\$25 PER CHILD
(SCHOLARSHIPS AVAILABLE)**

**EARLY DROP OFF AND
LUNCH BUNCH AVAILABLE
UPON REQUEST**

DETAILS & REGISTRATION AT 2CC.ORG



JOIN 2CC WOMEN'S FELLOWSHIP FOR FACE YOGA & LUNCH

TUESDAY, JANUARY 16
11:00-1:00

*We will learn techniques from
Rebecca Narvaez Face Yoga & Wellness*
Please arrive 5-10 minutes beforehand
Fletcher Hall
\$20

Rebecca Narvaez Face Yoga & Wellness will teach you the techniques that will fast become an essential part of your daily skincare routine with results that you will love!

Let's get back to basics with this completely natural method of skincare that will give you the tools to:

- Boost your circulation for a healthy glow and skin cell regeneration
- Encourage lymphatic drainage to reduce toxins in the face
- Acupressure to bring energy to your skin
- Facial massage to release any tension and stress you hold in your face
- Relaxation to calm those overworked muscles
- Breath work to calm the mind
- Facial exercise to lift, tone the face and smooth lines and wrinkles
- Meditation for your overall wellbeing

Learn more at: rebeccafaceyoga.com

RSVP to for Face Yoga

Mindful Monday Winter Yoga with Jill Ernst

Second Congregational Church
BYOM (Bring Your Own Mat)



Monday mornings:
January 8 - February 12
9:15 a.m.

*6 weeks for \$60 or drop in fee of \$20 per class
Scholarships available and childcare upon request*

Email Jenny@2cc.org for more information



Coffee and Connection Speaker Series resumes in 2024...

Saturday, January 27
10:00-11:00 a.m.

*Join chaplains Kate Noonan and Jenny Byxbee for women of all
ages and stages to connect and for some self care.*

*During our time together we will learn centering techniques,
meditate, be inspired by scripture and leave behind what
doesn't serve our higher selves*

**Childcare can be made available upon request.
Please RSVP to Jenny@2cc.org to reserve your spot.**

**Email Jenny for more
information**

Around Town...



*"We shall overcome, because the arc of the moral
universe is long but it bends towards justice"*

-Dr. Martin Luther King Jr. Speech
given at the National Cathedral

Honoring the Legacy: The Coretta Scott &
Dr. Martin Luther King Jr. Annual Conversation

Bending the Arc? **A Conversation about Inequity & Access in Greenwich**

Thursday
January 18, 2024
7:00 pm - 8:30 pm



Register at:

www.ywcagr.org/csmlk2024

Event is FREE and open to the public

For more information, contact Simone Quartey at 203-869-6501 x. 104 or s.quartey@ywcagreenwich.org

eliminating racism
empowering women
ywca
greenwich
ywcagreenwich.org



Mark Abraham
CEO/Executive Director,
DataHaven



Dr. Louis (Lou) Hart
Medical Director of Health Equity,
Yale New Haven Health System



Demetra Nelson
Commissioner,
Greenwich Department of
Human Services



Evonne Klein
Founder,
Fairfield County
Talks Housing

Event Description:

Join us to learn more about the data that illustrates chronic disparities in our community and in the region. Our experts will discuss how these inequities and barriers impact the lives of people based on gender, race and other dimensions of identity. Our panel will offer solutions to these important issues to ensure that the arc continues to bend toward justice for all.

Community Partners



RSVP for the YWCA MLK Event

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